

Consult+ – Registration Tips & Tricks

Your group benefits plan gives you exclusive access to Consult+™ which is a virtual health care app and website, with services provided by Dialogue.

Here are some tips and tricks on how to create your account now – so it's ready when you need it!

It's easy. Just sign in to mycanadalifeatwork.com, go to **Coverage & balances**, select **Health** and scroll down to **Other coverage**.

- **Very Important** You'll need your plan number and member ID so please have your benefits card handy. Your member I.D. starts with an E, a few zeros and then your actual number. When you register please do not include the E or any of the leading zeros. **Example: E000000502 should only be entered as 502**
- **Enter your name exactly how it appears on your benefits cards and/or in your profile on mycanadalifeatwork.com.** Example: if you are registered as Bobby A. Smith on mycanadalifeatwork.com, you cannot register as Bob Smith since the system will not recognize you. You will need to register as Bobby A. Smith in Consult+.
- If you are not registered on mycanadalifeatwork.com, please do so before registering for Consult+.

If you are having any issues at all please contact Canada Life at 1-800-957-9777.